



Tonwell St Mary's CE Primary School

Parent Forum

Tuesday 9th March 2021



Agenda



- Curriculum plans for return to school
- Catch-up planning
- Online Safety
- Calculation policy
- 5 ways to wellbeing
- Zones of Regulation



Curriculum Plans for return to school



- Staff will be checking in with children and focussing on their wellbeing, reminding them of routines and expectations
- English, maths will be taught daily as usual
- For the final three weeks of term, teachers will prioritise subjects that have not been taught during lockdown e.g. design technology, French, art (clay)
- For the final three weeks of term, PSHE and RE will also be taught weekly.
- Summer term curriculum will be planned as normal but teachers will prioritise key learning in maths and English as a focus.
- Summer term will have the full range of subjects and broad/balanced curriculum



Catch-up planning



- Catch-up support that was in place in autumn will continue into summer term (e.g. Y6/PPG after school sessions, extra support in Pine class)
- We will adapt and update our catch-up premium plan when we have further communication from the government about funding.



Online Safety



- <https://www.nspcc.org.uk/keeping-children-safe/online-safety/>
- <https://www.thinkuknow.co.uk/>

Here are some useful conversation starters and practical activities to help you talk to your child about staying safe online:

- Ask your child about the games, sites and apps they like to use. What do they like about them? Is there anything they don't like?
- Watch the *Play Like Share* series of videos together and discuss with your child. What they believe the main learning points of each episode to be? Can any of the safety tips be applied when their online?
- Play *Band Runner* together. You could take it in turns on one device or play at the same time on two. After playing, ask your child what they remember about Alfie's online safety dilemmas.
- If your child enjoys playing games where they interact with people they don't know, make sure they understand that it is not safe to share personal information like their name, school, and phone number with people they meet in the game. Explain that if anyone says anything that worries or upsets them, they should tell you or another trusted adult straight away.
- Help your child manage the privacy settings on their apps to ensure that they are only sharing things with friends they know and trust in real life. If your child likes sharing photos or videos with people they know in real life discuss safer ways they could do this e.g. sending via email, messaging service or private link



Calculations Policy



- Available on school's website under Parents/Policies



Five ways to wellbeing

Five Ways to Wellbeing

Connect: Spend time with family and friends. Enjoy doing things together and talking to each other.





Be Active: Physical activity is good. It keeps you physically healthy, and makes you FEEL GOOD!

Keep Learning: Try something new. Try a new hobby, learn about something just because it interests you.

Take Notice: Take a break to see how you feel. Relax and look around you or listen to music, take a few deep breaths.

Give: Do something for a friend or relation/adult, as well as making them feel good, it can make you feel good too!

The ZONES of Regulation®

			
BLUE ZONE Sad Sick Tired Bored Moving Slowly	GREEN ZONE Happy Calm Feeling Okay Focused Ready to Learn	YELLOW ZONE Frustrated Worried Silly/Wiggly Excited Loss of Some Control	RED ZONE Mad/Angry Terrified Yelling/Hitting Elated Out of Control

What Zone Are You In?

Blue	Green	Yellow	Red
			
Sick Sad Tired Bored Moving Slowly	Happy Calm Feeling Okay Focused Ready to Learn	Frustrated Worried Silly/Wiggly Excited Loss of Some Control	Mad/Angry Mean Yelling/Hitting Disgusted Out of Control